Want to exercise?

This research study will help us understand more about the healthy and unhealthy aspects of exercise in individuals with anorexia nervosa.

You may qualify if:

You **HAVE** anorexia nervosa, regardless of your level of exercise.

You will be asked to:

• Complete two exercise tests while being monitored with an electrocardiogram (ECG)
• Have blood drawn in order to measure hormones and proteins
• Complete several questionnaires

You will be compensated for your time and can also learn about the results of your exercise tests.

For more information in regard to the study, please send an email to alyssa.calland@duke.edu

**Please include your phone number in your response**

Duke Molecular Physiology Institute

Duke Center for Eating Disorders

Duke Health

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