Would you like to participate in a guided, individualized home-exercise Research Study?

The purpose of this 13-week study sponsored by GlaxoSmithKline, Inc. is to understand a new class of drugs called non-steroidal, selective androgen receptor modulators (SARMs), which can mimic some of the beneficial effects of testosterone while avoiding some of the unwanted side effects.

1) Exercise at home with videos
2) Physical activity tracker
3) Questionnaires

You may be able to participate if:

- You have Chronic Obstructive Pulmonary Disease (COPD)
- 50 – 75 years of age
- Male or Female
- You have reduced muscle function and limited physical activity
- You are currently NOT exercising
- You are willing to use a cell phone with instructional exercise videos

Qualified participants will receive:

Study-related medical exams and a personalized home-exercise program.
In addition, you will be compensated for your study participation.

For more information in regard to the study, please call 919-681-9000 and Press 6, or send an email to leslie.kelly@duke.edu