



Nutrition research study seeks men and women aged 35-60 years

You may be eligible for
this research study if you:

- Are between 35-60 years
- Have a BMI between 25 and 35
- Are healthy, without disease



Stephan van Vliet, PhD.

is conducting a research study to determine the effects of common American diets on human health

The study lasts 14 weeks and includes:

- Following a weight-maintenance diet twice for 4-weeks each
- All food will be provided
- Study visits with blood draws at beginning and end of each 4-week period

You will be compensated for
your study participation