Nutrition research study seeks men and women aged 35-60 years

You may be eligible for this research study if you:
- Are between 35-60 years
- Have a BMI between 25 and 35
- Are healthy, without disease

Stephan van Vliet, PhD.
is conducting a research study to determine the effects of common American diets on human health

The study lasts 14 weeks and includes:
- Following a weight-maintenance diet twice for 4-weeks each
- All food will be provided
- Study visits with blood draws at beginning and end of each 4-week period

You will be compensated for your study participation

Contact: 919-660-7507
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